

Extra Resources

Alternative Sentences and Prayers for Weekdays

Sunday

Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me.

Lord of the morning, I awake to this new day with all of its possibilities, its uncertainties, its many faces, and its underlying mystery. May your strength enable me to move through this day free of anger or bitterness, so that when I meet my neighbour or encounter the stranger, I may recognize your face.

Monday

Here is my servant, whom I uphold, my chosen one in whom I delight; I will put my Spirit on him and he will bring justice to the nations.

Thanks be to you, O God, for the sun's rising on this day.

May the sun shine bright on my road, that I may step over the mud, the trap and the pit.

May the sun shine bright on my neighbour, that I may see how to help.

May the sun shine bright on my field, that I may have abundance to share.

May the sun shine bright on my feet, that I may dance for joy to your music.

Tuesday

The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor, to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed, and to proclaim the year of the Lord's favour.

God the true Healer, as the day opens, open me to your healing
As I open my eyes, O God, heal my blindness
As I open my ears, O God, heal my deafness
As I open my hands, O God, heal my grasping
As I open my stride, O God, heal my lameness
As I open my mind, O God, heal my captivity
As I open my mouth, O God, heal my hunger with true bread,
my thirst with living water, my need with your flesh and blood
As I open my heart, O God, heal me with your deepest wound

Wednesday

Teach me your way, O LORD, and I will walk in your truth; give me an undivided heart, that I may fear your name.

Lord, may I walk with a high heart, always delighting in where I am, yet always willing to move forward to greater joys.

Thursday

What does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.

Lord Jesus, whose power ruled over the Sea of Galilee,
Teach me to trust in your power not only when the wind is fierce
and the seas are high and my boat is being driven beyond my
control,
But also when the wind is calm and the seas are dead and my boat
is drifting uselessly.

Friday

If anyone is in Christ, he is a new creation; the old has gone, the new has come!

Morning has broken,
like morning in Eden, when the stars sang;
like morning at Bethel, on a dreaming exile;
like morning in Bethlehem, woken by a baby;
like morning at the empty tomb, as a stone rolls aside;
For the morning star rises, day dawns, and God's light shines
in the dark places of my heart
in the dark places of my life
in the dark places of this world
For ever.

Saturday

I know that my Redeemer lives, and that in the end he will stand
upon the earth. And after my skin has been destroyed, yet in my
flesh I will see God.

O God, Father, Son, Spirit, ever One, May I hear your voice
In the crashing of the wave, In the rippling of the stream, In the
rustling of the leaf
In the screaming of the gull, In the barking of the dog, In the
laughing of the child
In the weeping of the mother, In the chattering of the lonely, In the
silence of the empty chair
In the quiet of the growing grass, In the shadow of the moon, In the
sunrise of the future
In the yearning of all life, all love,
Of all that God, Father Son and Spirit, creates.
May I hear the Spirit and the Bride say, Come!

May I answer, I come, Lord Jesus!

Prayers for Days that don't quite fit

Some days - some quite important days - just don't fit with this, because they are on fixed dates, when the seasons are determined by the date of Easter and day of the week of Christmas.

I suggest a sentence and a prayer (to replace the weekly prayer).

Epiphany - 6 January

All kings will bow down to him and all nations will serve him, for he will deliver the needy who cry out, the afflicted who have no-one to help.

As we search for you, Lord, believing that we can bring you gifts, teach us not to look in the important places, but in the little ones, for there you give your greatest gift to us

Lady Day - the Annunciation - 25 March

My soul glorifies the Lord and my spirit rejoices in God my Saviour

We are troubled at your words, Lord, for you perform mighty deeds with your arm: you scatter us, bring us down from our thrones, and send us empty away to serve the poor, to feed the hungry, to bring mercy to all whom you love - to all whom you came here to rescue. My our souls glorify you, our spirits rejoice in you, and our bodies serve you, now that you have come down to us.

All Hallows Day - 1 November

Give thanks to the Father, who has qualified you to share in the inheritance of the saints in the kingdom of light.

Glorious God, who is the beginning and the end, the A and the Z, by your love you bring all your saints to your glory, to share in your honour and praise, to be petals in the Rose that is eternally growing in the gardens of Paradise, under your banner of love, in the City of our God, to whom be all glory, honour and power, in time and in eternity. Amen

All Souls Day - 2 November

God does not take away life; instead, he devises ways so that a banished person may not remain estranged from him.

God, you sent your Son to die on the Cross for all, to rise from death for all, that all can be saved to the uttermost - even us. What greater praise can we give - except to love those you love, to the uttermost.

Creeds that can be used at any time

I believe that God exists... but that doesn't matter

I believe in God... and that does matter

God believes in me ...and that really matters

This I set on myself as my protection:

On my head, the sign of Christ's love

On my body, the sign of Christ's truth

On my arm, the sign of Christ's faith

On my feet, the sign of Christ's word

On my breast, the sign of Christ's cross

I believe in the One God

Maker, Redeemer and Friend

I believe in God, Three in One

I trust in the One God

Maker, Redeemer and Friend

I trust in God, Three in One

I bind myself with the Name of the One God
Maker, Redeemer and Friend
I bind myself with the Threefold Name Of the One God.

As the salmon trusts the river that spawned it
So I trust God the Father
As the deer trusts the forest that feeds it
So I trust God the Son
As the falcon trusts the air that powers it
So I trust God the Spirit

I believe in God
I believe in the Father-Mother, Only Source and Only Maker – the
Mother-Father who gives me and all of creation both purpose
and freedom.

I believe in Jesus Christ, Only Son and Only Wisdom – the Jesus
Christ who is the eternal Word, yet was born, died and risen for
me and for all.

I believe in the Spirit, Only Life and Only Power – the Spirit who
speaks in the heart and who gives life to all of creation I believe
in the One God.

I take hold of the world, committing myself to its Creator
I take hold of the power of the earth, the weight-strong mountains,
the hidden-sheen gemstones, the fertile fields and meadows
I take hold of the power of the air, the blasting gales, the far-calling
wild geese, the midges, gnats and flies beyond all counting
I take hold of the power of the fires, the forests burning without
mercy, the hearth-quiet home, the clay-born cups in the furnace
I take hold of the power of the sea, the never-ceasing waves, the
edgeless distances, the teeming life within
I take hold of the Creator's power To protect me, to hold me, to
love me wherever I go

It is a holy door that I walk out of
It is a holy road I drive along
It is a holy land where I work
It is a holy dwelling I return to
It is a holy food that I eat
It is a holy bed that I sleep in
For a holy God is there, my Maker, my Friend, my Protector
In all I do